



Healing & Relationship Coaching

Steffanie Brooks-Aguilar, M.S.
(949) 226-3643

COACHING AGREEMENT

Date: _____

Client Name: _____

Phone: _____

Address: _____

Email: _____

Fee: \$85 per session per person
 \$180 per session for couple or family
 Includes 55-minute session with wrap up. Unlimited sessions per month.

Policies: Client agrees to the following:

- 15-minute check in during week—no charge. Beyond 15 minutes—full charge \$85 session.
- Payment due at time of session.
- Credit/Debit card only
- 24-hour notice if rescheduling sessions to avoid fee charge— \$25 fee due if less than 24 hr notice.
- Agrees to participate in some form of marketing such as: review on Yelp.com, anonymous testimony, quote for website, or referring others

Coach Disclaimer of Liability: Client hereby contracts with Steffanie Brooks-Aguilar, M.S. as a coach for the purpose of advising the Client with respect to Client's self-awareness, vision and goals, and new perspectives. Steffanie Brooks-Aguilar has education and experience in such matters and agrees to render such coaching services.

Client understands and agrees that Steffanie Brooks-Aguilar is not an employment agent, financial analyst, psychotherapist, or business manager.

Coaching is not therapy: Although I am trained in psychotherapy, I do not engage in the practice of psychotherapy with my coaching clients. For example, in coaching, I will not assess for, nor diagnose and treat mental health disorders. Rather, in coaching, we will determine your wounds and healing goals and the strategies you can use to obtain your goals. If issues arise that are best dealt with in a therapeutic context, I will refer you to an appropriate psychotherapist.

Confidentiality:

Because the coaching relationship utilizes email, telephone, text, and the internet for the transmission of personal information, I cannot guarantee the confidentiality of the personal information that you provide via these forms of communication. However, any information that you provide to me will

subsequently remain confidential and will not be given to a third party unless you give specific permission to release the information, or I am required by law.

Confidentiality is further governed by both law and ethics. By law you hold the privilege of confidentiality, and I will not release any information to anyone without your permission. There are some exceptions to your rights under the law. Examples include, but are not limited to, when I have reasonable cause to believe that you are a danger to yourself or another person. I am also required by law to report any information about reasonable suspicion of sexual, physical, or emotional abuse of minors or elders to Child Protective Services or Adult Protective Services. If you have any concerns regarding confidentiality issues, please talk with me about these and other exceptions to the confidentiality privilege and my responsibility concerning them.

Consumer Satisfaction and Legal Remedies:

I trust that you are satisfied with the coaching services that I provide you and that you experience improvements and positive changes in your life. Because of the complexity of human functioning, I cannot guarantee the outcome of the coaching, nor the impact on your life of any changes that you subsequently make.

Each party agrees to indemnify, defend, and hold harmless the other party from and against any and all liability expenses including any defense costs and legal fees incurred in connection with claims for damages of any nature whatsoever, including but not limited to bodily injury, death, personal injury, or property damage arising from such party's performance or failure to perform its obligations hereunder.

I have read and agreed to the Policies and Disclaimer of Liability.

(Client's Signature)

(Date)

(Co-Client's Signature)

(Date)

(Coach's Signature)

(Date)